

FIRST AID KITS

	MINOR	MAJOR (everything in Minor x2 <u>PLUS</u>)
1) EMT SUPPLIES	<ul style="list-style-type: none"> • Hand sanitizer (1 small) • Gloves (2 pair) • Notepad/pen (1 each) • Razor (1) • Scissors (1) • Tweezers (1) • Safety pins (1 bunch) 	<ul style="list-style-type: none"> • CPR mask (1) • First aid reference book (1) • Hand soap + Sanitizer (1 large each) • Blood pressure cuff (1) • Needles (sewing) (1) • Stethoscope (1) • Thermometer (1)
2) MEDS	<ul style="list-style-type: none"> • Antihistamine/Benadryl (10pkg) • Glucose tablets (1 tube) <p>Pain/NSAID:</p> <ul style="list-style-type: none"> • Aspirin (6pkg) • Ibuprofen (6pkg) • Tylenol (6pkg) <p>Stomach/GI:</p> <ul style="list-style-type: none"> • Antacid (6pkg or 1 roll tumbs) • Anti-diarrheal (3 tabs) • Laxative (1 strip w/instructions) • Pepto tabs (9 tabs) 	<ul style="list-style-type: none"> • Cold meds (winter only)
3) TRAUMA/ BLEEDING	<ul style="list-style-type: none"> • 2x2 gauze pads (6) • 3x3 gauze pads (6) • 2" gauze rolls (2) • Adhesive tape (1 roll) • Butterfly bandages (6) • Tampons & maxi pad (4 +2 pads) 	<ul style="list-style-type: none"> • 4x4 gauze pads (16pkg) • 4" gauze roll (2 rolls)
4) SPLINTING/ STABILIZATION	<ul style="list-style-type: none"> • Ace bandage (1) • Sam splint (1) • Triangle bandage (1) 	<ul style="list-style-type: none"> • Cervical collar (1)
5) TOPICAL TREATMENTS (CREAMS)	<ul style="list-style-type: none"> • Q-tips & cotton balls (1 bunch) • Hydrogen peroxide (1 small) • Eye drops (1) <p>Packets:</p> <ul style="list-style-type: none"> • Alcohol swabs (6 sheets) • Antibiotic ointment (6pkg) • Burn gel (3 pkg) • Hydrocortisone cream (6pkg) 	<ul style="list-style-type: none"> • Baby shampoo (1large or 2 small) • Caladryl/calamine lotion (1 large) • Elmer's glue (1 large) • Hydrogen peroxide (1 large) • Aloe & sun block (1 aloe, 3pkg) • Super glue (1) <p>Small Bottles/Tubes:</p> <ul style="list-style-type: none"> • Anti-fungal cream (1 tube) • Anti-itch cream (1 tube) • Benzokain gel (1 tube) • Iodine Tincture (2 small + 3 sheets) • Campho-Phenique (1) • Eye wash (2) • Second Skin/New Skin (3 sheets)
6) BAND-AIDS	ASSORTED & Moleskin	ASSORTED
7) EMERGENCY SIGNALS	<i>Not included</i>	<ul style="list-style-type: none"> • Signal mirror • Signal panels 3x10 (2)

